

**SOCIAL CARE & ADULT SERVICES SCRUTINY PANEL  
NO HEALTH WITHOUT MENTAL HEALTH – ACTION PLAN**

31 January 2012

SCRUTINY RECOMMENDATION	PROPOSED ACTION	BY WHOM	BUDGET COST	TIMESCALE
<p>a) That high profile figures within the town, for example the Manager of Middlesbrough Football Club, be approached with a view to appointing a high profile Mental Health Advocate who can help to dispel the myths surrounding mental health issues and encourage people within the town, particularly men, to seek help</p>	<p>Currently there is a day a week at MFC for health promotion. This is predominantly around physical health but could be extended to Mental Health provision. Consideration will be given to promoting the Tees Time to Talk service within the Middlesbrough programme; this would reach a number of men and would promote mental well-being.</p>	<p>Middlesbrough PCT  Lol Butterfield</p>	<p>Link with current provision therefore no cost to MBC</p>	<p>Series of mental Health promotion campaigns to be in place by March 2012.  Meeting to be arranged with MFC and Tees Time to Talk by Feb 2012</p>
<p>b) That an opportunity to complete the nationally accredited Mental Health First Aid Training (MHFA) course be offered to all Councillors and that the Council's Chief Executive encourages all Members of the Corporate Management Team to complete the course.</p>	<p>The MHFA course would need to be commissioned at a cost of £1800 per course for 15 people. A programme of training could be therefore commissioned subject to demand.</p>	<p>Clem O'Donovan</p>	<p>7,200 max</p>	<p>September 2012</p>

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<p>c) The panel recognises the important work carried out by the FORWARDS Team in helping to support people with mental health problems to gain employment and requests that efforts be made to identify the necessary funding to continue the FORWARDS service at its current capacity.</p>	<p>The FORWARDS Team will be reviewed along with other vocational/training support activity delivered or commissioned by Social Care. This review will reflect current and projected needs.</p>	<p>Steve Giles</p>	<p>Nil</p>	<p>March 2012</p>
<p>d) That the PCT and successor Clinical Commissioning Group proactively engages with GP's in relation to the issue of suicide prevention and encourages a greater take up of the ASIST suicide course by GP's in Middlesbrough.</p>	<p>A mental health training review is currently underway to map out numbers of people trained and by whom within Teesside. The Suicide Prevention Taskforce is overseeing this review and intends to act on the outcome as a priority.</p> <p>The review, once finished should provide the level of need in terms of numbers to be trained and who amongst the GP practitioners should be trained.</p> <p>There are a number of different options for training and costs:</p> <ul style="list-style-type: none"> <li>• ASIST<sup>1</sup> is a 2-day training course (cost c£2800 for up to 26 people).</li> <li>• Workshop that trains people in interventions to prevent the immediate risk of suicide. Over one million caregivers have participated to date worldwide.</li> <li>• ½ day safe TALK<sup>2</sup> (alert training) – cost c£400<sup>3</sup> for up to 30 people – this could be practice based training.</li> </ul>	<p>Joe Chidanyika NHS Middlesbrough</p>	<p>Not known</p>	<p>17 April Next Taskforce meeting</p>

<sup>1</sup> <http://www.livingworks.net/page/experience%20ASIST>

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e) That a prevention strategy be developed in order to ensure that the families / friends of those affected by suicide receive the support they need at the earliest opportunity.	The Teeswide Task Group on Suicide prevention is led by Edward Kunonga (Director of Public Health) and will be asked to lead on Middlesbrough's strategy covering the three major themes (prevention, intervention and postvention) that would need to be present in Middlesbrough as a suicide safer community.	Di Reed, Emma Howitt (Middlesbrough MIND), Edward Kunonga	Incorporate within the current service provision	March 2013
f) That all primary schools in Middlesbrough are encouraged to take up the offer of the Huge Bag of Worries project and that an officer within Children's Services is identified to support the delivery of this project. A small amount of funding may also need to be identified to enable officers within the Department of Social Care to continue to deliver this project in Middlesbrough schools. Where schools decline this offer a notification is to be sent to the Elected Members appointed as School Governors to notify them of their school's decision.	Work to determine the resources required to Commission and deliver this service will take place in early 2012.	Di Reed and John Catron	To be reviewed.	March 2012
g) That the PCT and successor Clinical Commissioning Group invests and commissions a greater proportion of early intervention Children and Adolescent Mental Health (CAMHS) services and that a report is submitted by the PCT to the Social Care	PCT Commissioners and Clinical Commissioning group to establish business case for future, serving as part of 2013/14 Commissioning intentions. The emerging South of Tees clinical commissioning group is working with the Mental Health	Di Reed, Chris McEwan and Lisa Williams		November 2012

<sup>2</sup> <http://www.livingworks.net/page/Experience%20safeTALK>

<sup>3</sup> There are 28 practices in Middlesbrough and up to 8 in the 'Eston' corridor where Middlesbrough Citizens might attend

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and Adult Services Scrutiny Panel in respect of this issue.	Commissioners in the PCT to plan for future services. The emerging CCG have identified a mental health Lead, Dr. Henry Waters, and he is engaged with the work around service re-design with TEWV.			
h) That sustained efforts be made to publicise The Tees Time to Talk service and that leaflets and advertisements for the service be displayed in prominent places within the town. Including Erimus Housing Offices, the Citizens Advice Bureau, the Job Centre, at Mosques and other places of worship and at Middlesbrough Football Club.	Tees Time to Talk have a draft actions plan that is due to be signed off 31 <sup>st</sup> January 2012. This details the places where the services will be advertised including the suggestions in this action plan.	Jean Stores	No cost to MBC as within the Tees Time to Talk budget	Action plan agreed Jan 2012. Implemented by March 2012
i) That continued efforts be made to increase the number of service users from the BME community who are accessing the IAPT services on offer.	The service will be advertised in appropriate places with leaflets translated into a number of different languages.	Jean Stores	No Cost to MBC as advertising is part of the Tees Time to Talk project.	Leaflets to be translated by Feb 2012. Distributed by March 2012 Review of data collection June 2012.
j) That the panel be advised by the Executive Director of Environment and Social Care of the intentions of Middlesbrough's GP Clinical Commissioning Group (CCG) in respect of commissioning mental health services using discretionary spend. The panel is particularly keen to find out whether Middlesbrough's CCG is proposing to commission any new mental health services and / or if mental health services in Middlesbrough will be	Information obtained from the PCT suggests that the CCG does not have access to any discretionary spend. Future service provision will be considered and driven through the product of the new Joint Strategic Needs Assessment.	Chris McCewan	Nil	September 2012

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delivered differently in the future.				